

Independent Football
League of New England
March 20, 2009



**Coaches Policy
Handbook**



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League Rules and Information Summary

1. Teams may not start practice prior to August 3, 2009 start date.
2. Each team is responsible for the safety and insurance of its own players and shall manage when players go into pads and helmets after the start date.
3. Camps, clinics or combines managed by the IFL coaching staffs are allowed prior to the start date as follows
 - Open to players from other teams and is opened up to surrounding communities
 - No Helmets or Pads shall be worn during the camps, clinics or combines.
4. There must be a Certified EMT, Nurse or Doctor present before the game starts and shall be supplied by the Home team.
5. There must be at least three certified officials to start a game.
6. Home Team shall notify of any changes in game times, location, jersey colors, etc., no later than the 1 week prior to game day.
7. The IFL of New England teams shall be comprised of High School Students only. Age- If you have reached the age of 19 prior to September 1, you may not participate in the IFL of New England. There is not a minimum age.
8. If a coach is suspended from a game, he/she will be suspended for the next League games. If a player is suspended from a game, he/she will be suspended for the next League game.
9. All fields must be completely regulation, including length, width, quality, goal posts, etc, and the League may deem any field unfit to play on. Littleton has a league exception for the 2009 season to use its current field.
10. Games will occur on Sunday. Head coaches from both teams can agree to move a game to Friday or Saturday in that weekend.
11. Playoffs shall be as follows:
 - Four teams shall make the playoffs
 - In the semi-final round seed 1 will play seed 4 and seed 2 will play seed 4. All playoff games shall be located at the Home field of Higher seed unless changed by the Higher seed team
 - All playoff games shall start at or after 11:00 am to allow for travel.
 - Seeding shall be determined by using the NHIAA tiebreaker policy in the following priority order
 - a. Will add NHIAA system in here
12. All teams shall be fully insured.



13. The Independent Football League of New England shall adhere to the 2009 National Federation High School Football Rule Book.
14. The Head coach from each team shall be part of an issue resolution committee. Any contention in the rules shall be decided by this committee.
15. For the 2009 season the following teams are accepted into the league: Black Mountain, Granite State, Hillsboro-Deering/Hopkinton, Littleton, Mount Washington, Seacoast, Youngsville. Additional teams may be accepted up until May 1, 2009.
16. There is no cutoff date for adding additional players to a team's roster.
17. Games shall consist of four -12 twelve minute quarters. Ties will be broken using National Federation Rules for overtime (i.e. 4 plays from 10 yard line).
18. There shall be a visible clock at every game, and provided by the Home team.
19. League trophies will be awarded to the Champion and Runner Up and will be supplied by Charlie Moore for the 2009 season.
20. A League Web Site will created and will be maintained by Charlie Moore and Marc Ouelette for the 2009 season and approved by all teams. This Web Site will update the League standings on a weekly basis.
21. The Rule Book and Schedule shall be maintained by Sam Cavallaro for 2009 and approved by all teams.
22. The Weekly Seeding points will be maintained by Sam Cavallaro and Bob Lawrence for 2009, reviewed by all teams and sent to the Webmaster.
23. A start of the season jamboree shall be held by Redhawks and all teams will be invited. This jamboree shall be rotated to other teams starting in 2010.



Zero Tolerance Policy

EXPECTATIONS OF SPECTATORS

The New England Football League has agreed that there will be **ZERO TOLERANCE** for fan misbehavior at all football events. This includes, but is not limited to booing, shouting at officials or arguing any call. Expressing any negative behavior or comments, threats or obscene gestures to players, coaches or officials is also unacceptable.

Cheering in a positive fashion, for both sides is highly encouraged. Many officials and coaches are volunteers and we should all appreciate their efforts, and support them, setting a good example for the children.

Any spectator who does not behave appropriately (as directed above) will be asked to leave, according to the following steps:

1. Official(s) will identify violators to the coaches, or vice versa.
2. Official(s) confer with both coaches, one of whom will then approach the spectator and may give a warning, or ask them to leave. If the spectator is not recognized by either coach, the home coach will speak to him/her.
3. If the decision is made for the spectator to leave, play will not resume until he/she has left the facility. If he/she refuses to leave, his/her team will forfeit and the game will be over.

Please help us foster good sportsmanship, and encourage positive experiences for our youth.

These towns/organizations are members of the New England Football League and have agreed upon the above guidelines: ????,



Proposed Team Directions

Black Mountain

Granite State

Littleton

Mount Washington

Redhawks

Seacoast

Youngsville



2009 Contacts and Coaches

Team	Team Contact Info
<p>Black Mountain Bobcats Jersey Color Green (1 Jersey)</p>	<p>*** Indicates coach on the football committee</p> <p>Jason Maloney*** 603-787-6178 jmaloney0125@aol.com</p>
<p>Granite State Panthers Jersey Color: Blue, Black and Silver (2 Jerseys)</p>	<p>Coach: Bob Lawrence*** Phone: ??? coachlaw@tds.net Coach: Josh Salmonson josh@lindsaylampasona.com Director: Lori Baron lori_ann_baron@msn.com</p>
<p>Littleton Jersey Color: White with Maroon Trim (1 Jersey)</p>	<p>Coach : Michael Doolan*** Phone ??? mcdoolan@ncia.net</p>
<p>Mount Washington Jersey Color: Royal blue (1 Jersey)</p>	<p>Director: Kim Matthews Phone: ??? jiolette@ncia.net Coach: Todd Lamarque*** SteelerTAL@aol.com</p>



Redhawks

Red Jerseys and Black Pants
(2 Jerseys)

Coach: Sam Cavallaro***
Phone: 603-456-2559
cavallaro@mcttelecom.com
Coach: Steve Main
s_main@mcttelecom.com
Director: Brenda White
bwhite@colby-sawyer.edu
Director: Dave White
dwhite@ybp.com

Seacoast

Navy Blue
(1 Jersey)

Coach: Michael Downing***
mdowning@metrocast.net
President: Kathy Gadarowski
kgad911@comcast.net

Youngsville

Royal Blue
(1 Jersey)

Coach: Charlie Moore***
?????
tina@charliemoore.com
President: Mark Ouellette
youngsvillehawkspresident@yahoo.com
Coach: Ron Lavallee
ron@charliemoore.com
Coach: John Cavaretta
John@methuenautoschool.com